

**Autism-Spectrum Health Questionnaire**  
*(includes children without an official diagnosis)*

**Please bring this completed form with you to your initial visit with Dr. Keelyn Wu at the Portland Osteopathic Children's Clinic.**

Child's Name: \_\_\_\_\_ Today's date \_\_\_\_\_  
 Child's Age: \_\_\_\_\_ Date of Birth: \_\_\_\_\_ Referred by: \_\_\_\_\_  
 Parent(s) Name(s): \_\_\_\_\_ Pediatrician/PCP: \_\_\_\_\_  
 List other providers (PT, OT, speech therapist, homeopaths, etc.) with phone #: \_\_\_\_\_  
 \_\_\_\_\_  
 \_\_\_\_\_

Sex: Male: \_\_\_ Female: \_\_\_ Weight: \_\_\_ Siblings with ASD/ADHD? \_\_\_yes\_\_\_no  
 Age of Autistic Spectrum Disorder (ASD) diagnosis: \_\_\_ Official Diagnosis \_\_\_\_\_  
 Is child's ASD classified as: Mild \_\_\_ Moderate \_\_\_ Severe \_\_\_\_\_  
 Symptoms became apparent at what age? \_\_\_\_\_

What signs and symptoms first became noticeable that alarmed you as a parent? (Please list as many initial developmental problems as possible, ie. poor eye contact, aggressive behavior, etc.): \_\_\_\_\_  
 \_\_\_\_\_  
 \_\_\_\_\_  
 \_\_\_\_\_

What developmental issues does child suffer with currently if different from above? \_\_\_\_\_  
 \_\_\_\_\_  
 \_\_\_\_\_  
 \_\_\_\_\_

Please describe any other event, action, etc. that you think may have some bearing or relationship to your child's condition. Please be as detailed as possible. \_\_\_\_\_  
 \_\_\_\_\_  
 \_\_\_\_\_  
 \_\_\_\_\_

**Other Health Issues:**

Does your child suffer from other health problems? \_\_\_ Food Allergies \_\_\_ Seasonal / Environmental Allergies \_\_\_ Asthma \_\_\_ Eczema \_\_\_ Kidney Problems

Lung Disease  Diabetes  Thyroid Disease  Heart Disease  Seizures  
 Repeated Infections  OCD Other, please explain \_\_\_\_\_

Did your child's condition change following an illness, infection and/or seizure disorder (such as a febrile seizure)?

No  Yes, please explain \_\_\_\_\_

**Digestive Health:**

Did your child breast feed?  Yes  No How long? \_\_\_\_\_ If formula fed, what kind?

\_\_\_\_\_ Any adverse reactions?  Yes  No

Did your child have colic as an infant?  Yes  No

When was dairy introduced? \_\_\_\_\_

Does child have periodic loose stools/diarrhea?  Yes  No Constipation?  Yes  No

Offensive Gas  Yes  No Undigested Food Stuff in Stools  Yes  No

Is your child potty trained?  Yes  No

Does your child suffer with reflux/heartburn?  Yes  No

Is your child currently taking an acid-blocking medication such as Tagamet, Pepcid, etc.  Yes  
 No

Did occurrence of digestive problems occur following a particular vaccine?  Yes  No  \_\_\_\_\_

Unsure

Does your child produce formed stools?  Yes  No

Have they ever produced formed stools?  Yes  No

**Antibiotic History:**

How many courses of antibiotics has your child received in lifetime? (approx):  0  1-5  
 5-10  10-15  15 or more

Main reason for antibiotic use:  Ear Infections  Bronchitis  Pneumonia  Sinusitus  
 Intestinal Infection  Other (please explain) \_\_\_\_\_

Was your child ever treated for a yeast infection following antibiotic use?  Yes  No

Did your child ever receive probiotics after antibiotics?  Yes  No

**Medication Allergies:**  Yes  No/Unknown (if answer is "yes", please list) \_\_\_\_\_

**Home Environment:**

How old is your current home? \_\_\_\_\_ Has your child lived in a home that had lead-based paint?  
 Yes  No

Is your flooring carpet?  hardwood or tile? \_\_\_\_\_

Has there ever been any exposure in the home to molds? \_\_\_ Yes \_\_\_ No

Has your child used or currently sleeps in fire retardant clothing or bedding? \_\_\_ Yes \_\_\_ No

Is child exposed to outside pesticides, fungicides, etc.? \_\_\_ Yes \_\_\_ No

Does your child consistently swim in a chlorinated swimming pool? \_\_\_ Yes \_\_\_ No

Please list pets: \_\_\_\_\_

### **Social History**

Is your child interested in other children? \_\_\_ Yes \_\_\_ No

Any interests or hobbies? \_\_\_\_\_ Recent changes, losses, births, deaths, divorce, remarriage or moves? \_\_\_\_\_

### **Mother's Pregnancy and Labor:**

Did Mom have any complications during pregnancy? \_\_\_ High Blood Pressure \_\_\_ Seizures \_\_\_

Diabetes \_\_\_ Infections with antibiotic treatment \_\_\_ Viral Infections (Flu, Mono)

Does Mom know her Rh status? \_\_\_ (+ or -) Blood Type? \_\_\_

Did Mom receive Rhogam during pregnancy? \_\_\_ Yes \_\_\_ No

Did Mom receive any vaccinations during pregnancy? \_\_\_ Yes \_\_\_ No If yes, which ones?

\_\_\_\_\_

Did Mom receive any vaccinations after pregnancy while breastfeeding? \_\_\_ Yes \_\_\_ No

Was your child delivered vaginally? \_\_\_ or C-section? \_\_\_

Forceps and/or suction devices used? \_\_\_ Yes \_\_\_ No

Was there any concern for birth trauma? \_\_\_ Yes \_\_\_ No

### **Mother's Medical History:**

\_\_\_ Low Thyroid \_\_\_ Thyroid Cancer \_\_\_ Parathyroid problems \_\_\_ Nightblindness (difficulty seeing at night)

\_\_\_ Autoimmune Disorders (Lupus, Connective Tissue, Rheumatoid Arthritis, Autoimmune Thyroid, Crohn's, Ulcerative Colitis, etc.)

Mercury Fillings in Mouth? \_\_\_ Yes \_\_\_ No Dental work that contains Nickel? \_\_\_ Yes \_\_\_ No

\_\_\_ Other, please explain \_\_\_\_\_

Did Mom have any dental work done during pregnancy? \_\_\_ Yes \_\_\_ No

Did mom have mercury fillings removed while breastfeeding child? \_\_\_ Yes \_\_\_ No

Use of birth control pills? \_\_\_ Yes \_\_\_ No How long? \_\_\_\_\_

Does mom have any digestive conditions? (GERD, IBS, chronic constipation, etc.)? \_\_\_ Yes

\_\_\_ No If "yes", what condition(s)? \_\_\_\_\_

How many courses of antibiotics has mom received? \_\_\_ 0 \_\_\_ 1-5 \_\_\_ 5-10 \_\_\_ 10 or more

### **Family History:**

Is there a family history of Developmental Disorders, i.e. Autism, PDD?  Yes  No

Please explain: \_\_\_\_\_

Is there a family history of other Neurological Disorders, i.e. Multiple Sclerosis, etc.?

Yes  No Please Explain: \_\_\_\_\_

Is there a family history of Asthma, Allergies, Autoimmune Disorders (Lupus, Rheumatoid Arthritis, etc.)?  Yes  No Please Explain: \_\_\_\_\_

Is there a family history of Clotting or Blood Disorders, Strokes, Hemophilia, Platelet Disorders?

Yes  No

Is there a family history of Psychiatric Disorders, i.e. Depression, Schizophrenia, etc.?

Yes  No

Is there a family history of Genetic disorders?  Yes  No

Is there a family history of Seizures, Vaccine Reactions?  Yes  No

Is there a family history of Celiac Disease, or Gluten Intolerance?  Yes  No

Any other relevant family history? \_\_\_\_\_

**Vaccination Status:**

Has child received all the recommended vaccinations for their age?  Yes  No

Has your child received:  DTP  DTaP  MMR  Hib  Hep B  OPV  IPV  
 Pneumonia  Chicken Pox  Flu  Others (please list) \_\_\_\_\_

Do you feel your child's behavior changed after a particular vaccination?  Yes  No. If yes, please indicate which vaccine(s)

\_\_\_\_\_

How long after the above vaccine(s) did child become symptomatic? (ex.: minutes, days, etc.)

\_\_\_\_\_

Did your child receive any vaccinations when they were sick?  Yes  No

If "yes" please explain: \_\_\_\_\_

Did your child suffer any vaccine reactions?  Yes  No Please check if answer is "yes":

Fever  Inconsolable screaming  Excessive lethargy  Rashes  Vomiting

Seizures  Other, Please explain: \_\_\_\_\_

**Medication Usage:**

Has child taken steroid medication?  Yes  No. If Yes, which kind?  inhaled  oral

Has child taken medication for yeast/candida infection?  No  Yes, please list \_\_\_\_\_

\_\_\_\_\_

Is child currently taking medication or supplements for yeast?  Yes  No If "yes", please list: \_\_\_\_\_

Please list other medication child is currently taking: \_\_\_\_\_

\_\_\_\_\_

**Supplements:**

Please list all supplements child is currently taking, including nutritional oils, i.e. Cod Liver Oil,

Flax, etc: \_\_\_\_\_

\_\_\_\_\_

**Diet:**

What does your child like to eat? \_\_\_\_\_

\_\_\_\_\_

Is child on a Gluten Free Diet? \_\_\_ Yes \_\_\_ No

Is child on a Casein Free Diet? \_\_\_ Yes \_\_\_ No

Is child on a Soy Free Diet? \_\_\_ Yes \_\_\_ No

Has child benefited by being on a GF/CF diet? \_\_\_ Yes \_\_\_ No

Is child on a Specific Carbohydrate Diet (SCD)? \_\_\_ Yes \_\_\_ No

Is child on a Low Oxalate Diet? \_\_\_ Yes \_\_\_ No

Other diet (please explain) \_\_\_\_\_

\_\_\_\_\_

**DAN! Therapies:**

Are you familiar with DAN? \_\_\_ Yes \_\_\_ No

Has your child seen a DAN! physician? \_\_\_ Yes \_\_\_ No If so, who? \_\_\_\_\_

What biomedical testing and treatments were performed? Please explain: \_\_\_\_\_

\_\_\_\_\_

Does child currently have Mercury/Amalgam/Silver Fillings? \_\_\_ Yes \_\_\_ No

Has child received Mercury Chelation w/DMSA? \_\_\_ Yes \_\_\_ No DMPS? \_\_\_ Yes \_\_\_ No

EDTA? \_\_\_ Yes \_\_\_ No

Any benefits from chelation therapy? \_\_\_ Yes \_\_\_ No

Have you attended any DAN! conferences or other educational seminars? \_\_\_ Yes \_\_\_ No

Are you a member of a biomedical autism support group? \_\_\_ Yes \_\_\_ No

What autism-related books have you read? \_\_\_\_\_

What biomedical therapies are you interested in? \_\_\_\_\_

**Other Important Information:**

If pertinent, please tell us more about the medical history of your child in relation to their autism

diagnosis on the back side of this page.

**Physician Only:**

**Patient's history reviewed (date and initial):** \_\_\_\_\_